# **Equine Body Therapy START Program**

2-day Workshops



## **Course Information**

The Equine Body Therapy START (Soft Tissue Assessment & Response Testing) Program is a unique system of carrying out sequential checks that provide specific indicators to soft tissue injuries. The best part of the EBT START Program is that it enables early detection before a general soreness becomes a long term injury. It utilises a specific set of assessment tests and indicators to establish a detailed insight to the soft tissue health of the horse.

We teach you how to use our chart that breaks the horse up into five areas of the body. It is easy to follow and you will look at your horse in an entirely new light. You will learn a gentle passive joint movement technique that is unique to Equine Body Therapy that will establish a foundation for each of the following modules. The course is designed with the first four EBT START modules tailored towards the horse owner for the management of their own horses. Modules 1 to 4 are two day courses.

EBT START program is suitable and safe for those searching for more information to enhance their knowledge of their own horses' health and well-being. This program over the years has been attended by a variety of people including novice horse owners, farriers, hoof trimmers, massage therapists, veterinarians and professionals in the racing industry.

### **TOPICS COVERED**

- History of EBT
- Locations of bones and muscles
- Case studies
- Safe horse handling
- Visual assessment
- EBT response testing
- · EBT assessment chart
- Observation of biomechanics
- Practical hands-on assessment
- Passive joint movement remedial therapy

Equine Body Therapy is listed on the International Institute of Complementary Therapies as an IICT Approved Training Provider.

**Instructor:** Sue Parker

**Location:** 310 Sawmill Rd, Springmount, Victoria, 3364 (near Creswick)

Class time: Saturday, 9.00 am for 9.30 start to 4.30 pm

Sunday, 8.30 am for 9.00 start to 4.30 pm

Registration: Completed registration forms to be returned prior to the commencement of a

workshop to <a href="mailto:equinebodytherapy@bigpond.com">equinebodytherapy@bigpond.com</a>

Limited number of spaces to ensure individual tuition and supervision.

**Cost:** Equine Body Therapy START Program 'Self-Interest' Learning

\*Module 1 - \$425 Module 2 - \$425 Module 3 - \$450 Module 4 - \$475

Course fees to be paid in full prior to the commencement of the workshop.

\*Prices are for workshops held at Springmount. Other locations may incur higher prices due to travel expenses.

**Please bring:** Pen, notepad, USB and lunch

**Enquiries:** <u>equinebodytherapy@bigpond.com</u>

Sue Parker – 0438 803 381 Kim Blanch – 0428 572 110

### Guidelines

Tea and coffee will be available throughout the day.

BYO lunch if possible. Fridge and microwave are available. There are eateries 1 km and 5 km away.

Please wear clothing suitable for the weather and footwear suitable for wearing around horses.

### **Documentation**

Students are required to sign a Release and Waiver of Liability form and a Self-Interest form for Modules 1-4.

A Certificate of Participation will be given at the completion of Modules 1-4.

### **Terms & Conditions**

# **Refund Policy**

A 50% deposit will hold a position and full payment is to be paid two weeks prior to the workshop. If you have an emergency and not able to attend the booked module, the payment can be transferred to another module of the same level or transferred to another person not already enrolled for the particular course but you will need to inform the office by emailing equinebodytherapy@bigpond.com

If a course should not run due to unforeseen circumstances, Equine Body Therapy will notify the students prior to the course commencement and return all tuition fees collected including the deposit. Although students may wish to make travel arrangements before this time, Equine Body Therapy cannot be held responsible for travel or accommodation arrangements made prior. It is suggested that you purchase travel insurance if you plan to make early travel plans.

### Local accommodation

Novotel Forest Resort Creswick, 1500 Midland Highway, Creswick, Vic 3363

Phone: +61 03 5345 9600, Fax: +61 03 5345 9666

Email: reservations@forestresort.com.au www.novotelforestresort.com.au

Creswick Motel, 2 Cushing Avenue, Creswick, Vic 3363
Phone: (03) 5345 2400 <a href="https://www.creswickmotel.com">www.creswickmotel.com</a>

Creswick Calembeen Lake Caravan Park, 12 Cushing Avenue, Creswick, Vic 3363

Phone: (03) 5345 2411 <u>www.creswickcaravanpark.com.au</u>

American Hotel, 90 Albert St, Creswick, Vic 3363

Phone: (03) 5345 2510 www.americanhotel.com.au

There is a variety of accommodation to choose from in the region. Ballarat is approximately 20 mins away.

Please feel free to make any enquiries directly to Sue Parker on 0438 803 381 or email equinebodytherapy@bigpond.com